

## 50 Questions to Ask Your Spouse

1. What are your 5 favorite foods, with the most favorite first?
2. What are your 5 favorite kinds of meals, with the most favorite first?
3. What are your 5 favorite desserts, with the most favorite first?
4. What are your 5 favorite restaurants, with the most favorite first?
5. What is your favorite color?
6. What are your 5 favorite hobbies, with the most favorite first?
7. What are your 5 favorite recreations, with the most favorite first?
8. What are your 5 favorite sources of reading, with the most favorite first?
9. What gifts do you like?
10. What is your favorite books(s) of the Bible? Why?
11. What is your favorite verse(s) of the Bible? Why?
12. What is your favorite song?
13. What makes you the most fulfilled or happiest as a woman/man?
14. What makes you the most fulfilled or happiest as a wife/husband?
15. What makes you the most fulfilled or happiest as a mother/father?
16. What makes you saddest as a woman/man?
17. What makes you saddest as a wife/husband?
18. What makes you saddest as a mother/father?
19. What do you fear the most?
20. What other fears do you have?
21. What do you look forward to the most?
22. How much sleep do you need?
23. What do you consider to be your skills?
24. What do you believe to be your spiritual gifts?
25. What are your weaknesses?
26. To ask wife: What things (personal, home, car, etc.) need repairing? / To ask husband: What things around the home need to be cleaned?
27. To ask wife: With what chores and responsibilities do you like my help? To ask husband: How can I make it easier for you to lead our family?
28. What caresses do you enjoy the most?
29. What caresses do you enjoy the least?
30. What action of mine provides you the greatest sexual pleasure?
31. What other things stimulate you sexually?
32. At what times do you need assurance of my love the most?
33. How can that love be shown?
34. What can I do that will make it easier to discuss and work on areas or problems that are uncomfortable to you?
35. What concerns do you have that I do not seem interested in?
36. What things do I do that irritate you?
37. What desires do you have that we haven't discussed?
38. What do you enjoy doing with me, with the most enjoyable first?
39. What things can I do that show my appreciation of you?
40. What varying desires (spiritual, physical, emotional, intellectual, social, worth, appreciations, recreational, security, etc.) would you like me to provide?
41. To ask wife: In what ways would you like me to protect you (physically, spiritually, socially, emotionally)? / To ask husband: In what ways would you like me to respect and reverence you?
42. In what ways would you like me to sacrifice for you?
43. What things do you see by my actions that I place first in my life?
44. What implied or unspoken desires and wishes of yours would you like for me to fulfill?
45. What concerns and interests of yours would you like me to support?
46. How much time would be good for us to spend together each day?
47. In helping family members to use their skills and develop their abilities, what motivating factors would be helpful for me to use?
48. What can I do that provides the greatest comfort and encouragement for you when you are hurt, fearful, anxious or worried?
49. What personal habits do I have that you would like changed?
50. What ways demonstrate to you that you are a very important person who is as important or more important than I am?